

CATHLIN VINETT MITCHELL, RN, BSN, CRRN, CM

Education

1979 Bachelor of Science Degree in Nursing, University of Tennessee, Knoxville, TN

Conferences/Seminars (contact hours)

2017 Association of Rehabilitation Nursing (12.0) covering: Catastrophic Case Management; Life Care Plans; Forensic Rehabilitation

Association of Rehabilitation Nursing (5.0) covering: Challenges of Family Caregivers of Veterans Diagnosed with Traumatic Brain Injury; Changes in Payment Regulation and Acute Care Use of Total Hip Replacement; Trends in Length of Stay

Association of Rehabilitation Nursing (1.0) covering Alternative Practices in Rehabilitation Nursing

Association of Rehabilitation Nursing (1.0) covering Experience with Mirror Therapy

American Nurses Association (1.4), Enteral Nutrition Update

American Nurses Association (1.3), Chronic Pain

Association of Rehabilitation Nursing (0.5), Pediatric Sepsis

2016 Certified Case Manager Workshop Certification (14.0) covering Current and Future Practice of High Quality Case Management and Patient Centered Case Management Services

Association of Rehabilitation Nursing (1.0) covering Factor Influencing Outpatient Cardiac Rehabilitation Attendance

2015 Certified Rehabilitation Registered Nurse Review (18.0) Seminar covering: Life Care Planning; Ethical Issues; Changes in Health Care; New Therapies, Cardiac Rehabilitation; Traumatic Brain Injury; Pain Management; Spinal Cord Injury/Musculoskeletal/Orthopedic Disorders; Stroke; Pediatric Rehabilitation; Management of Aortic Stenosis

2014 Certified Rehabilitation Registered Nurse Review Seminar (42.5)
Rehabilitation of Brain Injury, CRRN (12.0)
Chemical Electrical Burns (1.0)

2013 ARN Nursing Traumatic Brain Injury (7.0)

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Elder Care (4.0)
 Pediatric Rehabilitation (5.0)
 Rehabilitation of Spinal Cord Injury (8.4)

- 2012 Core Curriculum for Case Management (23.0)
 Case Management Society of America
 Stroke Rehabilitation: A Function-Based Approach (7.0)
 Wound Care: Palliative, Home, and Clinical Practices (4.0)
 Evidence-Based Rehabilitation Nursing: Common Challenges and Interventions (10.0)
 Bowel Management in Rehabilitation (8.1)
 Rehabilitation of Brain Injury (7.0)
 Pediatric Rehabilitation (5.0)
 Nutrition and Dysphagia Management (3.0)
 Association of Rehabilitation Nurses
- 2011 Understanding Spinal Cord Injury (8.4)
 Understanding Brain Injury (8.4)
 Shepherd Center Foundation and American Trauma Society
 Assessment and Documentation of Pressure Ulcers (1.0)
 Kinetic Concepts Incorporated (KCI)
 Understanding Treatment of Chronic Pain (1.0)
 Understanding EMG/NCV (1.0)
 Middle Tennessee Case Managers' Association
 Neurostimulation (1.0)
 Mid-South Workers' Compensation Association
 Medical Case Management (7.5)
 Vanderbilt University
- 2010 Certified Rehabilitation Registered Nurse Review Seminar (20.5), covering:
 Life Care Planning; Ethical Issues; Changes in Healthcare: Technical, Role Related, and New Therapies; Cardiac Rehabilitation; Neuroanatomy; Traumatic Brain Injury; Spinal Cord Injury; Musculoskeletal/Orthopedic Disorders; Pain Management; Geriatric Rehabilitation; Trends in Rehabilitation; Achieving and Maintaining Health Maintenance Goals; Stroke; Pulmonary Rehabilitation; Pediatric Rehabilitation
- 2009 Case Management Society of America (30.5)
 Certified Rehabilitation Registered Nurse Seminar (20.5), covering:
 Life Care Planning; Neuroanatomy; Traumatic Brain Injury; Spinal Cord Injury; Musculoskeletal / Orthopedic Disorders; Stroke Patients; Achieving & Maintaining Health Maintenance Goals; Pulmonary Rehabilitation; Cardiac Rehabilitation; Pain Management; Pediatric Rehabilitation; Geriatric Rehabilitation
- 2008 Case Management Society of America (24.0)
 Cultural and Language Impact on Health Care Delivery (1.0)
 Ethical Issues with Patient Records & HIPPA (1.0)

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Management of Chronic Pain in Occupational Health (2.0)
Medical Case Management – Vanderbilt (6.5)
Treatment of the Lumbar Spine & Physical Therapy Evaluation (1.0)

- 2007 Case Management Society of America (22.1)
 Chronic Pain Intervention (1.0)
 Orthopedic Shock Wave (1.5)
 Reflex Sympathetic Dystrophy (1.2)
 Treatment of Lumbar Spine Injuries (1.5)
- 2006 Advanced Catastrophic Case Management (12.0)
 Advancement in Orthotics (1.5)
 Case Management Society of America (20.0)
 Life Care Planning (12.0)
- 2005 Advanced Practice in Case Management (25.0)
 Case Management Society of America (20.0)
- 2004 Case Management Society of America (22.8)
- 2003 Case Management Society of America (25.0)
- 2002 Advanced Practice in Case Management (20.5)
 Update in Life Care Planning (3.0)
- 2001 Case Management Society of America (31.3)
- 1999 Current Issues in Case Management (2.0)
 Rehabilitation of the Injured Worker (2.0)
- 1998 Advanced Catastrophic Case Management (12.0)
- 1997 Case Management Society of America (21.6)
 Life Care Planning (10.0)
 Life Care Plans: Spinal Cord Injury (20.0)
- 1996 Addressing Physical Therapy Needs (4.0)
 Case Management Society of America (21.0)
 Independent Study in Case Management (3.0)
 Spinal Cord Injury (5.0)
- 1995 Chronic Pain (3.0)
 Creating a Practical Measurement System in Post-Acute Rehabilitation for Persons
 with Acquired Brain Injury (12.0)

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Occupational Medicine (3.0)
Pediatric Physical Therapy (3.0)
Scope and Function of Physical Medicine and Rehabilitation (5.0)

- 1994 Brain Injury (15.0)
Case Management Society of America (15.0)
Spinal Stenosis (2.0)
- 1993 Case Management Society of America (15.0)
Managed Care (1.0)
Mid-South Department of Labor (20.0)
Quality Improvement and Ethics in Case Management (6.0)
- 1989 Expert Vocational Training (16.0)
Life Care Planning (16.0)
National Head Injury Seminar (including 1987 and 1986)

Credentials

Certified Nurse Case Manager by American Nurses Association
Certified Rehabilitation Registered Nurse
State of Tennessee Nursing License

Accomplishments

- 1994 Named one of the “Future 50” companies by the Nashville Area Chamber of Commerce.
- 1993 Care Management Consultants, Inc. was selected by the Tennessee Department of Labor to provide case management peer review.
Developed the policies, procedures, and protocols for the practice of case management in the State of Tennessee for the Department of Labor
- 1992 Began testifying as Life Care Planner.
- 1989 Life Care Planning Seminar and Training. Extensive experience in consulting and preparation of life care plans.
- 1988 Appointment by Intra Corp as Trainer for the Southeast Territory. Responsible for training over 100 new case managers
- 1987 – 1990 Intra Corp Rehabilitation Regional Trainer for the Southeastern United States.
Week long formalized training of new case managers that entailed coverage of Worker's Compensation laws, liability, long-term disability claims, case management, and communication skills.

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- 1986 Committee for the Development of Regional Burn Unit at Vanderbilt University.
- 1983 – 1991 Extensive case experience in coordination of catastrophic injuries, which includes Head Injury, Spinal Cord Injury, Amputations, Burns, Psychiatric, and Multiple Trauma Cases. Experience in chronic illness as well.
- 1981 – 1985 Speaking assignments at Middle Tennessee School of Nursing. Topics on Fluid and Electrolyte Imbalance, Burns, Pancreatitis, and Head Injury.
- 1981 Appointment of Staff Nurse I at Vanderbilt University Medical Center.
- 1980 Presentations for Continuing Education at Blount Memorial Hospital. Topics included Arsenic Poisoning, Fluid and Electrolyte Imbalance, and Burns. Committee for Development of Quality Guidelines in Care Planning. Recruiter, spokesperson for Registered Nurses in East Tennessee.

Experience

Extensive case experience and supervision of catastrophic injuries listed, i.e., head injury, spinal cord injury, amputations, burns, multiple traumas

- 1990 – Present Care Management Consultants, Inc., Brentwood, TN
President and Owner
Life Care Planner
Case Manager for Catastrophic Pediatric and Adult Cases
Manage 25 employees
26 years direct case management experience
- 1986 – 1989 Intra Corp, Brentwood, TN
Rehabilitation Specialist with promotion to Senior Rehabilitation Specialist
Strong experience with worker's compensation, auto liability claims, group insurance, and long term care
Medical case management of catastrophic cases with emphasis on head injury, spinal cord injury, amputations, and burns
- 1983 – 1985 Aetna Life & Casualty, Nashville, TN
Nurse Coordinator in the Claim's Department Staff
Experience with workers compensation and catastrophic injuries
- 1980 – 1983 Vanderbilt University Medical Center, Nashville, TN
Staff II Nurse
Charge Nurse of 32 bed unit providing care of high acuity trauma patients

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1979 – 1980 Blount Memorial Hospital in Maryville, Tennessee
 Float Nurse
 Worked throughout the hospital (mainly in ER, ICU, and Orthopaedics)